

1. Title of the Practice: MENTORING SYSTEM FOR STUDENTS

2. Objectives of the Practice: To minimize dropouts, improve performance and reduce stress of the students through personal counselling.

3. The Context- Students undergo problems of stress- personal, academic, physical, mental.. It creates a lot of stress, especially to hostel students who are away from family for the first time. Students from educationally weak background feel complex and hesitations in class and unable to perform well.. Considering the student-teacher ratio in classrooms, it is difficult at times to give personal attention to students in class. One solution therefore is a 'Mentor' who can form the bond with students. Mentoring is required for students to achieve emotional stability and to promote clarity in thinking and decision making for overall progress.

4. The Practice. • Each teacher is assigned around 8-10 students for the complete duration of their study.

- They meet at least once a month to discuss, clarify and share various problems which may be personal or academic, etc.
- Their academic performance and other activities are all recorded.
- The mentors also keep in touch with the parents on their attendance and academic issues.

- When the students have any problem in department they approach mentors and sort out the problem.
- Mentors take special care of weak students.

- Head of department takes the progress of counselling of students by mentors.

5. Evidence of Success - Evidence of success of the practice includes university ranks, better results in the examinations, improved attendance, less drop outs, increased participation in co-curricular and extracurricular activities, better discipline on campus and respectful relationship between teachers and students.

6. Problems Encountered and Resources Required - This practice requires committed teaching staff to help students beyond teaching hours. There are no limitations or constraints faced during implementing the program.